Dr. Sagar Kokate - Spine Surgeon in Thane, Mumbai

Dr. Sagar Kokate is a leading Spine Specialist in Thane, Mumbai with advanced expertise in Endoscopic and Minimally Invasive Spine Surgery. Trained under renowned national and international mentors, he has completed multiple prestigious fellowships at leading spine centres — each contributing to his modern, patient-focused approach to spinal care.

Dr. Sagar Kokate completed his M.S. (Orthopaedics) from Seth G.S. Medical College (K.E.M. Hospital) Mumbai and DNB (Orthopaedics), and is currently a Spine Consultant at TNMC & BYL Nair Hospital, Mumbai.

With a passion for precision and patient comfort, Dr. Kokate focuses on minimally invasive and endoscopic techniques that ensure faster recovery, smaller incisions, and minimal disruption to daily life. His philosophy centers on providing evidence-based, personalized spine care with clarity and compassion.